

NJ Move-Out Disposal Cheat Sheet

TOWN	MATTRESS RULE	SET-OUT TIME	TVS & ELECTRONICS	LATEX VS OIL PAINT	PHONE	FULL GUIDE
Passaic	Wrap fully in plastic; up to 2 bulk items on your regular garbage day	Regular garbage day (look up address in Recycle Coach)	Curbside on street-cleaning day, or DPW 870 Main Ave. (call to schedule)	Oil-based → Passaic County HHW day (next cited: Nov 1, 2026); latex → dry out, then trash	973-365-5654	Mattress guide
Clifton	Bulk on first garbage day (Mon–Wed); up to 2 items; city page doesn't require wrapping	After 6 p.m. the night before first garbage day (Mon/Tue/Wed by section)	Recycling Center (900 Clifton Ave.) or Public Works yard (307 E. 7th St.)	Oil-based → Passaic County HHW day (next cited: Nov 1, 2026); latex → dry out, then trash	973-470-2239	Mattress guide
Paterson	Wrap in plastic; schedule Recycle Coach Bulky Tool, or free drop-off at City Yard	Scheduled bulk pickup only (not regular FILCO trash)	DPW City Yard, 402 E. 16th St. (or Salvation Army / Erevival on NJDEP list)	Oil-based → Passaic County HHW day (next cited: Nov 1, 2026); latex → dry out, then trash	973-321-1600	Mattress guide
Wayne	Bulk on second garbage day; up to 3 items; no appointment; wrapping not stated	No earlier than 24 hours before pickup; second garbage day (Thu/Fri/Sat by zone)	Wayne Recycling Center, 201 Dey Road	Latex: dry completely, then trash; oil-based → Passaic County HHW (next cited: Nov 1, 2026)	973-694-1800 ext. 3315	Mattress guide
Garfield	No official mattress rule found on city pages yet — call DPW before you put one out	—	DPW Complex, 413 Midland Ave., Mon–Fri 7 a.m.–2 p.m. (or call for TV pickup)	BCUA HHW days accept all paints (next cited: Nov 14, 2026, Moonachie)	(973) 546-2200 ext. 4220	Garfield hub
Hackensack	Rubbish day every other Wednesday; city doesn't name mattresses — call Sanitation	After 6 p.m. the night before; every-other-Wednesday rubbish day	BCUA Computer & Electronics Depot (call 201-807-5825); or ask city Recycling Hot Line	BCUA HHW days accept all paints (next cited: Nov 14, 2026, Moonachie)	201-646-3955	Mattress guide
Jersey City	Wrap fully in plastic; up to 4 bulk items; call 201-547-4400 (appointment rules conflict on city docs)	Night before collection (city sheets disagree: 7–10 p.m. or 5–7 p.m.); call to confirm appointment rules	Book JCDPW e-waste appointment, or drop at 13-15 Linden Ave. East	Oil-based → JCDPW Linden Ave drop-off; latex rinsed cans → curb; HCIA day accepts both	201-547-4400	Mattress guide
Bayonne	Wrap in plastic; curbside by reservation, or drop wrapped at 330 Hook Road recycling yard	By reservation — call DPW (no bulk on regular garbage days)	Schedule DPW pickup (201-858-6099) or Bayonne Recycling Center, 330 Hook Road	HCIA HHW days accept oil-based and latex (last 2026 event cited: Oct 31, Jersey City)	201-858-6123	Mattress guide
Elizabeth	With second garbage day (Thu or Fri by ward); up to 3 items; no appointment listed	After 6 p.m. the night before; second garbage day (Thu wards 1–3 / Fri wards 4–6)	Elizabeth Recycling Center, 523 Trenton Ave.	Oil-based → Union County HHW (2026 events over; next spring 2027); latex → dry out, then trash	(908) 820-4150	Mattress guide
Newark	Cover in plastic (required); zone monthly bulk day or request a mattress pickup	Zone A: 1st Wednesday of month; Zone B: 2nd Wednesday (or request mattress pickup by ward)	DPW Headquarters, 62 Frelinghuysen Ave.	Oil-based → ECUA HHW days (2026 Cedar Grove date passed — check ECUA); latex — ask DPW	973-733-3644	Mattress guide